Dear Sharon,

We want to thank Friends of Bluche for their generosity of Rand 60,000. Such a blessing during these dire and difficult times. **Words cannot express our gratitude for the donation!**



Everyone's giving energy has been SO incredible! We strongly

believe everyone's human right is not to be hungry and this drives us. Just knowing that we are changing vulnerable people's lives makes us work harder. We thrive and smile when we make a difference by feeding as many people as possible J

Ladles have been asked to continue cooking and feeding during lockdown, and we are doing this with full hearts and sometimes tired bodies. We are feeding the homeless in the Safe spaces and trying to help them to be safe and healthy with our highly nutritious meals. We are supplying cooked food in bulk to them daily. We have been asked to do breakfast and lunch during the lock down.

Just for your interest, we are currently sending out food to 3 locations for the homeless in the city. These are:

- The Haven in Greenpoint and District 6 where porridge from 9.30 am and lunch from 12.30 pm, is served daily.
- Safe Space under the Culemborg Bridge where lunch is served daily from 12.00 pm
- Outside The Hope Exchange where porridge is served Mon Sat from 9.00 am.

Where we have no involvement, but lunch is still served is at The Service Dining Room on Canterbury Street in Zonnenbloem from 12 pm. So we are really trying to cover all bases for the homeless community of Cape Town.

This is what your generosity is allowing us to do, and what we are sending out our doors each day:

- We are currently to date supporting 55 beneficiaries. This is the list of the amount of food we supplied this week alone:
- Over 23 000 meals cooked food.
- Over 28 000 meals through our bulk food parcels distributed through our NGO's soup kitchens.
- Over 10 500 eggs.
- 86 700 sandwiches. Total to date since the sandwich drive started is 363 000.
- Over 300 meal parcels.
- Total food output approximately 19 tonnes. Up from 1.2 tonnes 5 weeks ago.

We could not do what we do without amazing people helping us on a daily basis. The commitment, conviction and dependability of generous people has simply touched our hearts. People's time and monetary donations make our task at Ladles of Love easier and we are forever grateful.

Just want to say once again A BIG THANKS for taking time out of your day to deliver/send us your generous donations.

I just wanted you to know that you are part of the '**chain of kindness**' when making a child and the homeless smile.

Wishing you abundance of blessings (in your work and personal life) during this time! Covid is a big lesson for all of us to live in love, faith and trust. We will all grow from this and hopefully we will embrace our lives with authenticity and kindness in our eyes and smile - now and forever!

Be blessed, be safe and take care of loved ones.

Regards and thanks, Margolite, Danny and everyone from the Ladles Team

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